

08-14 Ford Super Duty F250-F350 Diamond Back Bumper Installation Instructions. With Sensors Part #100-10-8008, With Sensors and Lights Part #100-10-8009



Step 1: Remove OEM factory bumper.

Step 2: <u>On models 2005</u>, trim 1 inch off the end of the plastic spare tire alignment tube. This tube will prevent the bumper from mounting correctly

Step 3: Align Frontier bumper to outside of frame. Install bolts from the outside through the bracket and the frame.

Step 4: If an impact is used, drive the bolt and hold the nut. To verify that the bolts are tight, check with a wrench by hand.

Step 5: <u>Sensor Ready models</u>: If grommets are not already inserted in Frontier bumper then insert grommets into Frontier bumper. Remove sensors from OEM factory bumper and insert them into grommets.

<u>Note:</u> Periodically check bolts to ensure that bolts remain tight. Also, before using with a trailer, check bolts to ensure that bolts are tight.

Bolt Bag Contents	
Quantity	Description
4	1/2" X 1-3/4" bolts
8	1/2" flat washers
4	1/2" lock Washers
4	1/2" Hex nuts
2	1/4" X 1" bolts (license plate)
2	1/4" hex nuts (license plate)
4	1/4" flat washers (license plate)
2	1/4" lock washers (license plate)
30	Total Pieces
4	Grommets (Sensor Ready bumpers only)
34	Total Pieces (Sensor Ready bumper only)
WARNING: DO NOT TOW FROM BUMPER. ONLY TOW FROM OEM	

FACTORY RECEIVER.

Need Help? Call Frontier at 800.634.3086 or E-mail: info@frontier-gear.com